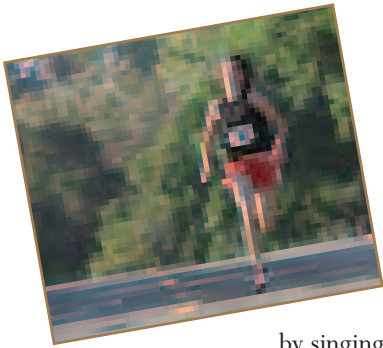


Lupus Race For Life Recap



One person can make a difference. On October 5, 2008, thousands gathered united in the fight against lupus. For some, the race is an annual gathering of friends, family and co-workers. As the saying goes, someone you know has lupus.

Andrea Martyn kicked things off by singing a breathtaking rendition of the national anthem. Among the 2500 participants, was Daniel Wilcox, of La Mirada—he won the 5k run with a record time of 16:11. The crowd was in awe of his finish. Beth Hibbard was awarded 1st place for the 5K woman's event with a time of 19:21. Congratulations to Dylan McDonald timed in at 4:51 for winning the kids 1 mile run and Bridget Diviak for winning the girls award with a time of 5:38.

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This year our youngest fundraisers are 6 years old—Rosebud and BB were on a mission. They held bake sales and asked everyone they knew to support their participation in the kids 1 mile race. Bravo girls, you won!

The overall fundraiser is Catherine Capaldi. She is a lupus survivor and an inspiration to us all. Her dedication to our cause and this event is deeply appreciated. We are grateful to you, Cathy!

Kathy Vara, thank you for joining us year after year. You do a magnificent job as our mistress of ceremonies.

Once again, the Los Angeles County Sheriff's Department won the Distinguished Service Award for having the most number of participants. In addition, the SEB team of Sheriff Lee Baca, Sgt. Mike Thatcher, Deputy Jesse Rodriguez, Deputy Pat McDonald and Deputy Jesse Meloza won the men's 1st place law enforcement team award—with an average time of 21.83. Kudos to the LASD woman's running teams for receiving 1st and 2nd place for the female law enforcement team award—Lisa Moya, Alba Yates, Raquel Gonzales, Kristin Soiseth, Rocio Encino, Andrea Stella, Jessica Nava and Rose Harris. With a combined average time of 23:68 and 25.60.



Team Kari won the award for open division team with the most participants. Congratulations, Andrea and Donna for doing an outstanding job! All of the teams deserve a big thank you: Dream Believers, Angela's Team, Brian's Lupey Fans, Butterfly Ivette, Catherine Capaldi's Superstars, Los Angeles Police Department, Crosswalkers, Delta Sigma Pi, Friends, Glenda's Crew, GWC 136, Snail's Pace, Janet's Joggers, Jo Kat, Long Beach Police Department, Los Leon'ess, Lu Lus, Lupinators, Melissa's Lupie Lifesavers, MPS & The Family, NCWC, Rosebud & BB, Super Lupers, Walkettes, Walking for Jennie, LASD SEB/BACA team, LASD Women's Running Team; Teams Amy, Carla, Cindy, Conejo Valley, Escobar, Hope, Koprowski, La Serna, Lee, Lorie Ann, Love, Lupus, Maru, MC, Poncy, Red, Sarah, and Spud.

In honor of the late Lt. Darrel Poncy, we created the Lt. Darrel Poncy Spirit Award for the first law enforcement officers across the finish line. His wife, Renetta Poncy, presented the first award to Mirza Gallardo of the Los Angeles Police Department—she timed in at 20:29. Chuck Foote won this award as a retired law enforcement officer and Joseph Esqueda won the 1st male active law enforcement officer. We are especially appreciative to the entire Poncy clan for joining us and being part of our event.

A crowd favorite is the academy classes that run in cadence. We want to thank OCSA Class 187, and Class 186 WE ARE ONE, GREEN AND BLUE, 186 STRONG AND TRUE; LASD Class 374, and Class 373 (in honor of Susan Hahlbeck) THE MORE WE SWEAT THE LESS WE BLEED.

Thank you to our sponsors:

Albertson's, Albertson's Hispanic Mentoring Group, Chevron, Stadium Chiropractic, Dr. April Lopez, Foldacard, RoadID, MillerCoors, Ed Curiel, Penske Truck Leasing, Tagline Communications, Newport Meat, Target, Sun Meat Company, Dennis Bustam, Plow Boys, Jax Market, LAPOWA, Harris Corporation, Snail's Pace, Roly's Trucking, NLPOA N. Los Angeles County Chapter, Chad Picconi, and CR&R. Rolando Garcia, thank you for stepping up—you are the best!! Christina, we really appreciate your ongoing support—it makes a tremendous difference. Dennis Bustam, you are a one-of-a-kind. Vanessa Adarna and Salon 25 you are amazing stylists! Thank you for bringing your team out to cut and style hair—you were all incredible. Florence Chung, we cannot



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Lupus Race For Life

(Continued)

thank you enough for your contributions. Chester Chong and family, you are an inspiration to us all—please accept our gratitude for your contributions. Bill MacAloney, your kindness and generosity are most appreciated. Thank you, Dan Stepanian, for being so helpful. Jerry Kane, traveled the furthest, your support means to world to us.

A big round of applause, to 'The Trade.' You gave an amazing performance and showed why you are the next hottest group to watch for. Each of your songs is a story inspired by real events. We are grateful to lead singer, Chris Lopez; keyboardist/guitarist Marcos Barboza; bassist Dan'O; guitarist Eric Estrada; and drummer Samuel Villalta for wanting to get involved and further our cause. Also, thanks to their manager, Henry Ulig for his help in coordinating the show. You are all wonderful!



Our media sponsors did a sensational job of promoting our race and furthering our cause. A very special thank you to: LASD VPU Unit, Eric King, Gerardo Mendoza, Sgt. Harry Drucker and Deputy Ralph Paddock; Suzanne Whatley, Vivian Porter, Stephanie Rodriguez, Karla Sanchez, Teresa Samaniego, Ruth House, Katsuri Sukul, CBS Radio, Cammy Lin, LaFern Watkins, Desiree

Vanderwal, Clear Channel Radio, 710ESPN, Hot92.3, 97.1 Free FM, KTLKAM 1150, KFWB News 980, 104.3MYFM, KFIAM540, 570 KLAC Sports, 98.7, KOST103.5FM, 102.7KIIS FM, KEARTH, KWAVE, KCBS, KCAL9, FOX11 and ABC7.

This event would not have been possible without a dedicated committee. Sheriff Lee Baca provides leadership and support of this race, has been with us since the beginning and leads the way. Thank you, Sheriff Baca, for your commitment to our cause and for inspiring others to get involved; CHP Chief Warren Stanley and his department are outstanding. You support this event with the same enthusiasm year after year—thank you for ALL you do!! We also want to extend our appreciation to Orange County Fire Authority Chief Chip Prather and his department for putting on an incredible pancake breakfast—everyone loved it! Supervisor Don Knabe; You and your team help make this event possible—thank you for all you do; OC Sheriff Sandra Hutchens, your support and that of your incredible team is immensely appreciated; LACOFD Chief Freeman, we are thankful for your help; We sincerely appreciate LAPD Chief William Bratton for his support and that of his team.



Thank you to the City of La Mirada for your support and continued help.



An event of this magnitude is an enormous undertaking. Our committee works countless hours behind the scenes year round in support of our cause. We want to extend our heartfelt gratitude to each of you for the role you play in our success: **CHP** Sgt. Nancy Bower, Officer Rene Galindo; **LASD** Commander James Lopez, Sgt. Pete Cacheiro, Dep. Bill Braumberger, ASM III Mike Leum, Tappan Zee, S/R Commander Chester Chong, CA Regina Chavez, CA Margarita Turpen and Cathy Stapleton; **OCS**D Lt. James Rudy, Lt. Tom Gallivan, Investigator Tom Dominguez, Sgt. Fritz VonRetteberg, Sgt. Craig Essex and Forensic Tech Lenora Pena; **OCEA** Battalion Chief Jeff Genoway and Fire Fighter Mike Heddleston; Field Deputy Andrea Avila from Supervisor Knabe's office; **LAPD** Detective III Deborah Gonzales, Detective Kimberly Jones-Harris, Sgt. Mary Kite and Officer III Francine Briscoe, and from the City of Long Beach Andrea Lain-Ruffino.

Our committee works countless hours behind the scenes year round in support of our cause.

On race day and behind the scenes, we are fortunate to have a team of people who take care of everything from logistics to cleanup. The volunteers are: **CHP** Asst. Chief Dan Bower, Captain Tommi Tyler, Captain Chris O'Quinn, Captain Daniel Minor, Captain Mark Odle, Sgt. Adam Christin, Sgt. Armando Perdomo, Sgt. Connie Guzman, Sgt. Jim Storrent, Officer Scott Wall, Officer Barbara Marshall, Officer Steve Mendoza, Officer John Manzo, Officer Kenneth Duke, Officer Christopher Regan, Officer Frank Sansone, Officer Stuart Hertel, Officer Gonzalo Vincent, Officer Richard Padilla, Officer Elizabeth Flores, Officer Mark DeBranch, Officer Rick Noble, Officer Larry Cenicerros, Officer John Fonseca, Officer William Bradshaw, Officer Cory Baker, Officer Sylvia Santana, Chris Wolter, Officer John Watkins, Officer Joe Zizi, Officer Gary Montanez, Officer Darren Wybenga, Officer Brian Flick, Officer Joe Diaz, Officer Michael Barton, Officer Humberto Jimenez Jr., Officer Ricardo Quintero, Officer Antonio Garrett, and Officer Ryan Lindsey, MCS Gary Adkins, MCS LaFonda Lara, Explorers Post Lt. William Quick, Lt. Bryant Preetorius,



Sgt. Daisy Bustos, Explorers Klarissa Garza, Ramon Sanchez, Cadets Kevin

Bustos, Adasha Suratt and Andrew Galindo; **LASD** Chief Roberta Abner, Chief Alex Yim, Chief Tom Angel, Commander Marilyn Baker, Susie Martyn, Captain Pat Maxwell, Lt. Randall Olson, Captain Eric Parra, Captain Patrick Jordan, Captain Alice Scott, Captain Ronene Anda, Deputy Ira Bornstein, Sgt. Elizabeth Sachs, Sgt. John Fredendall, Deputy Christopher

Gonzalez, Captain Gerald Cooper, Captain Marvin Washington, Captain Oceal Victory, Captain Gregory Adams, Captain Joseph Fennell, Captain Joseph Impellizzeri, Lt. Bob Essen, Deputy Tino Calderon, Sgt. Dave Miklos, Deputy Ruben Lopez, Trey Stroud, Mary Anne Nevins, Photographer Jaime Lopez, Deputy Alfred Salazar, Reserve Deputy Ciaccio, Deputy Steve Boyer, Lt. Pat Valez, Lt. Reggie Gautt, Melina Contreras, Natalie Salazar, Deputy Frank Barragan, Deputy David Vargas, Deputy Jerry Hankerson, Sgt. Salvador Becerra, generous team at TSB North, Custody Assistants Gladys Maddin and Linda Torres, Deputy Antoinette Bowen, Detective Patty Carrillo, Deputy Michael Maher, volunteers Benito Licon, Rita Martinez, Jane Riach, Carol Bybee, Sergio

Capoccia, Edward Too, Josie Martinez, Felicia Watson, Barbara Fees, Thomas and Jill Hart, Goergina Pickens, Felicia Haynes, Craig Hendrix, Margaret Johnson, Rebecca Aguirre, Walt Schmidt, Victor Markovich, Louis Marquez, Linda Davis, Lydia Zaragoza, Naomi Gonzales, Judy Carr, Ginger Hicks, Andrea Martyn, Christie Ramos, Brittany Turpen, Lola Cvek, Carolyn Briney, Patty & Robert Chavez, Tyler Morden, Tim Morden, Martha Solis;

Explorers Ricardo Ovalle, Mario Melendez, Keith Bridge, Crystal Yanez, Gabriela Coppola, Gerardo Moreno, Briana Rocha, Michael Kasabian, Jesse Salcido, Darleen Martinez, Amanda Plascencia, Stephanie Mora, Lauren Ragan, Cesar Rodriguez, Patricia Gamino, Christian Espinoza, Edgar Valenzuela Cassie Samduio, Ernie Reyes, Johnathan Norris, Eddie Gutierrez, Trevor Johnson, Kurt Schmidt, Chris Lindberg, Daniel Guererro and Fabio, Judy Carr, **OCS**D Sgt. John Briggs, Captain Mark Billings, Lt. Jeff Bardzik, Captain Catherine Zurn, Linda Donoghue, Deputy John Gomez, Garrett Eggert, Charly Hart, Richard Shoopman, Melissa Gorfu, Kyle Geegen, Aneisa Prieto, Dylan Cataline, Anthony Hart, Keith Cordova, Frank Salgado, Sebastian Marin, and Jake Harper, **OCEFA** Reserve Firefighter Mike Meeks, Explorer Scouts, Brandon Cabarallero, Brian Hicks, Bryant Stone, Virgil Paraiso, **LAPD** Commander Stuart Maislin, Officer III Danielle Wells, Officer Eduardo Vega, Captain Jeffrey Greer, Captain Bill Williams, Captain Joseph Mariani, Captain James Miller,

Captain Paul Snell, Officer Newsom, Loretta Barnwell, Explorers Carlos Cortes, Kistal Morelos, Jonathan Barrera, Javier Cruz, Gloria Hernandez, Ariel Sweet, Ashley Tausaga, Tracy Rangel, Richard Baca, Deshawn Green, Alfredo Talavera, Kristina Villicana, Erica Morales, Tritia Perales, Harjinder Singh, Josefina Acana, Jose Arana and Xiochitl Martinez; community members Wendi Redington, Susy & Gabriel Betanzos, Celina Duffy, Sylvia Sanchez and Hector Aceves.

A big thank you to all of our exhibitors: 2009 Western States Police & Fire Games Sgt. Jonna Wiltshire and Sgt. Tim Klement, LASAA, ALADS, LASD K9 Unit Deputy Brian Moreno and Dirk, LASD Aero, Camaro, Recruitment, Star Unit, LASD Women's Running Team Det. Gary Hartog and Det. Ron Hernandez, CHP Recruitment, OCS D Recruitment Deputy Jose Walehwa, Deputy Kami Horvath; LAPD Mounted Unit Officers Rudolph DeLeon, Ronald Terrazas; LAPD Recruitment Officer's III Nick Garces, Jamilah Jones-Linton; Valley Jumps Bouncers and Hector Gudino—we can't thank you and your two helpers Nicholas and Adam enough. The kids just loved all the jumpers!

At the end of every event is the task of ensuring all is wrapped up. In many cases, this takes an equal amount of work and we want to thank those who helped long after the race was complete: **CHP** Officer Rene Galindo and MCS Gary Adkins; **LASD** Cmdr. Jim Lopez, Lt. Pat Valdez, Sgt. Mike Thatcher, Deputy Bill Brauberger, Photographer Jaime Lopez, CA's Regina Chavez and Margarita Turpen, Melinda Contreras and Cathy Stapleton; **OCS**D Lt. Jim Rudy, **OCEFA** Battalion Chief Jeff Genoway. We realize this is an extra effort and are appreciative you each took the time to help—thank you!

Most importantly, on this race day, we brought together a collective team for one cause—fighting lupus. Like the law enforcement officers fight crime and the fire fighters fight fires, we are all fighting for a lupus free tomorrow. There are scores of families that attended and are now hopeful that their dream will one day come true.

From the bottom of our hearts, thank you all. ■